#### **INTELLIGENT SYSTEMS** CONFERENCE & PAVILION

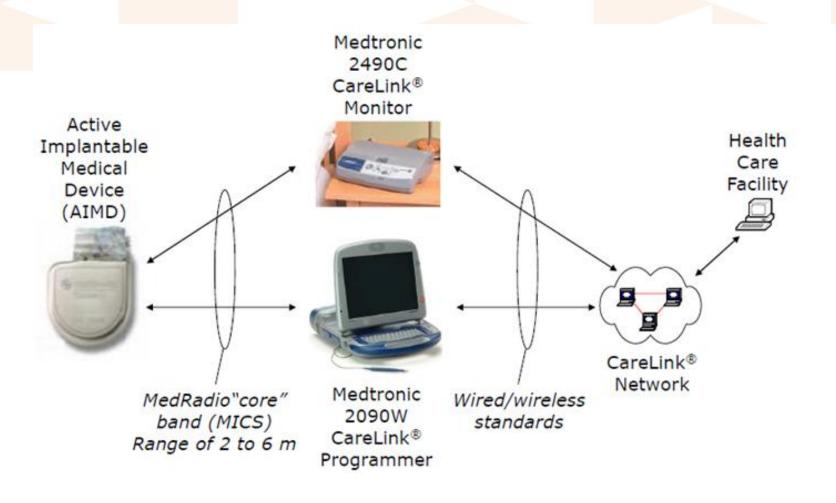
# Wireless Technology and RF Standard in Medical Device Development

10:10 am – 10:50 am Thursday, June 6

**Greg Crouch** 

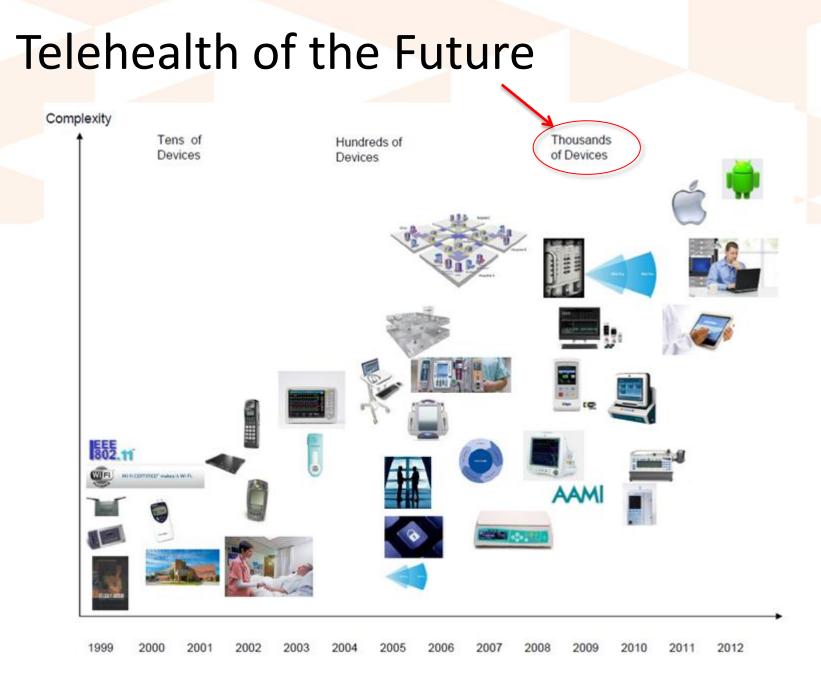
Life Science Business Director, National Instruments

# Wireless Telehealth Example



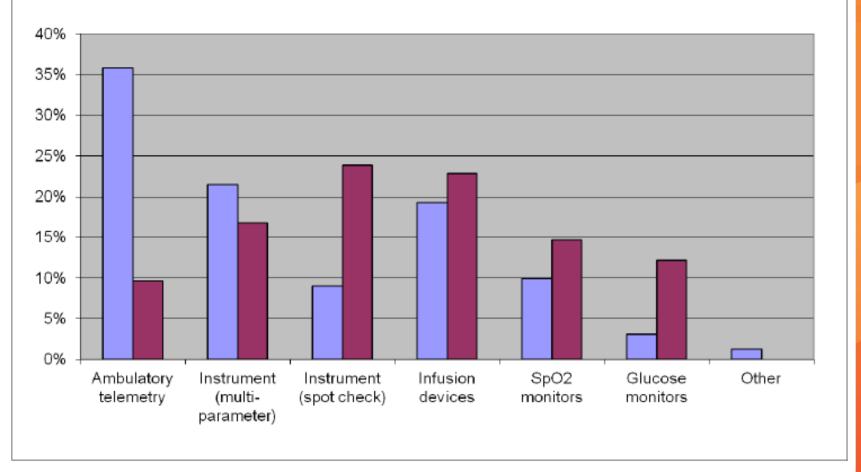
#### **U.S. HEALTH CARE** THE COST **HEREALITY** HEALTH CARE AS SHARE OF GDP PER CAPITA SPENDING projected 2025 **OVERALL SPENDING** actual 2050 2009 \$8,100 (2009) \$12,000 \$2.5 Trillion 17.6% of GDP 25% of GDP 37% of GDP \$10,000 \$8,000 \$6,000 (2009)\$4,000 2010 2012 2014 2016 2008 THE DRIVERS **Aging Population** Hospital (2011) Physician Shortage 365 People Ages 65+ 1 in 8 Americans Readmissions Projected Shortages by Year **Chronic Disease** Nearly 1 in 5 patients readmitted in 2009 12.9% 30 days \$1.875 Trillion Current 150,000 130,600 Annual Cost (2009) 100,000 19% 2030 63.000 \$3 out of every \$4 of Estimated 72.1 million Preventable Cost Burden 50,000 U.S. health care spending \$25B annually \* percent of population

#### Source: West Health Investment Fund



#### Wireless Medical Device Types

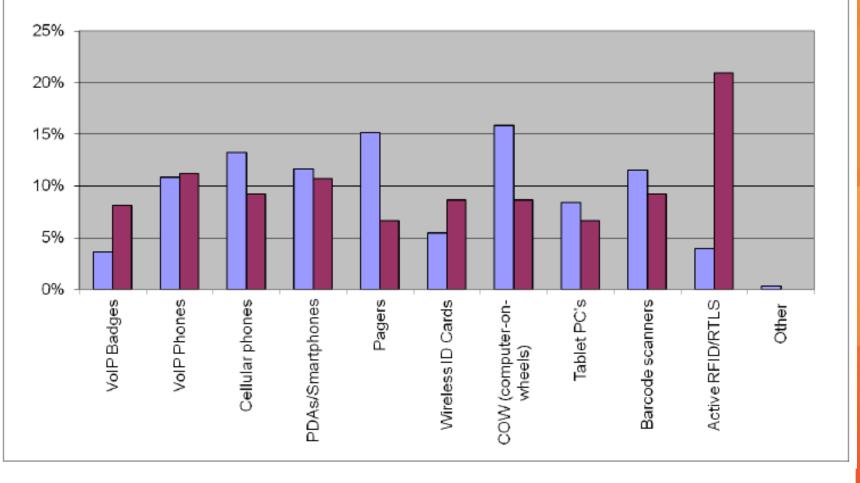
Currently in Use Future Growth



Source: Q2 2011, Multiple choice questionnaire, ~4000 AAMI Members, Response: 124 respondents (3.1%), Published: Fall 2011 IT Horizons (BI&T)

#### Other Wireless Device Types

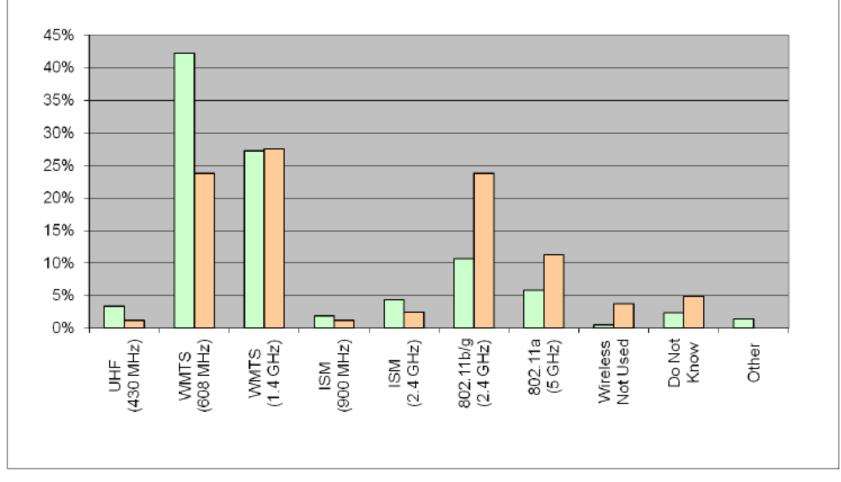
Currently in Use Future Growth



Source: Q2 2011, Multiple choice questionnaire, ~4000 AAMI Members, Response: 124 respondents (3.1%), Published: Fall 2011 IT Horizons (BI&T)

#### Frequency Band Utilization

Ambulatory Instrument



#### Medical Wireless Technologies

Standard	Frequency	Data Rate	Range
Inductive Coupling	< 1 MHz	1-30 kbps	<1m
Wireless Medical Telemetry System	608-614 MHz	>250 kbps	30-60m
	1395-1400 MHz, 1427-1429.5 MHz		
Medical Device Radiocommunication Service (MICS)	401-406 MHz	250 kbps	2-10m
Medical Micropower Networks ("MMNs")	413-419, 426-432, 438-444, 451-457 MHz		<1m
Medical Body Area Networks ("MBANs")	2360-2400 MHz	10Kbps-1Mbps	<1m
802.11a Wi-Fi	5 GHz	54 Mbps	120m
802.11b Wi-Fi	2.4 GHz	11 Mbps	140m
802.11g Wi-Fi	2.4GHz	54Mbps	140m
802.11n Wi-Fi	2.4/5GHz	248 Mbps	250m
802.15.1 Bluetooth Class I	2.4 GHz	3 Mbps	100m
802.15.1 Bluetooth Class II	2.4 GHz	3 Mbps	10m
802.15.4 (Zigbee)	868, 915 MHz, 2.4 GHz	40 kbps, 250 kbps	75m
World Interoperability for Microwave Access (WiMAX)	2.5 GHz	70 Mbps (fixed), 40 Mbps (mobile)	Several km

Countries have allocated frequency bands for general communication and/or medical communication.

- Frequency bands that are common across all countries include:
  - 402 405 MHz MICS (Medical Implant) band
  - 2.400 2.483 GHz
  - 5.150 5.875 GHz
  - Known as ISM bands in the US.
- Otherwise medical applications can use country specific allocations which are either general purpose or dedicated to medical device communication.

#### US and China specially allocated medical bands:

- US:
  - General
    - » Medical devices are still secondary users and must be registered with ASHE.
    - » 608-614 MHz (WMTS -may be discontinued)
    - » 1395-1400 / 1429-1432 MHz (WMTS)
    - » 2360-2390 / 2390-2400 MHz (new MBAN)
  - MICS Band "Medical Implant Communication Service" 401
     –406 MHz, with an EIRP of 25 microwatt
- China:
  - Newly Allocated:174-216 MHz, 407-425 MHz and 608-630 MHz

# INTELLIGENT SYSTEMS CONFERENCE & PAVILION

#### **OTS** Wireless Technologies:

#### Bluetooth (802.15.1)

- Typical use: streaming data (~2 Mbps), low power
- Defined for use in the 2.4 GHz band
- Bluetooth Smart (aka Bluetooth Low Energy) (802.15.1 v4.0)
  - Typical use: low duty cycle, very low power, low data rate(<100 kbps), range of 10m
  - Emerging technology with support on iPad and Galaxy
  - Predicted to become dominant wireless technology on consumer medical devices by 2016 (IMS Research Report)

#### - Zigbee (802.15.4)

- Typical use: low duty cycle, low data rate (<250 Kbps), low power
- Multiple bands include: 868 MHz (EU), 915 MHz (US), 2360 MHz (US) and other bands for China and Japan

#### – ANT and ANT+

- Similar use as BT Smart and Zigbee applications (<1 Mbps)
- Operate on a button-cell battery for years
- Defined for use in the 2.4 GHz band

#### Additional OTS Wireless

#### - DECT

- Typical use: voice; adapted for patient telemetry (1400 MHz)
- Data rate of 1.15 Mbps, 10 mW average/250 mW max, range of 100 –300m
- Typically uses 1900 MHz; exact band varies with country
- DECT ULE is a lower power, low duty cycle version

#### – WBAN (802.15.6)

- Typical use: BAN streaming data (100 –500 Kbps), low power
- Multiple bands including: 402-405 MHz, 420-450 MHz, 863-870 MHz, 902-928 MHz, 950-956 MHz, 2360-2400 MHz, 2400-2483 MHz
- Wi-Fi (802.11)
  - Typical use is for Local Area Networks (54 Mbps per channel)
  - Bands used include: 2.4 GHz and 5 GHz
- 3G / 4G / 5G Cellular
  - Typical use is for Wide Area Networks however

#### **Common Wireless Technologies in Hospitals**

- Commercial/ Public radio services (FCC)
- Wireless Medical Telemetry Service (WMTS)
- Cell phones
- Wireless handheld computers
- Wireless local area networks (802.11.a/b/g) (future 802.11.ac)
- Personal area networks including 802.15.1 (Bluetooth), 802.15.4 (Zigbee)
- RF Identification (RFID) Bar code readers

#### FDA Guidance

 Radio-Frequency Wireless Technology in Medical Devices; Jan. 3, 2007

Concerns related to:

- 1. Outlines concerns related to RF wireless with devices
- 2. Risk Management
- 3. Design development considerations
- 4. Verification testing
- 5. Validation testing
- 6. Labeling

#### Draft Guidance for Industry and FDA Staff

Radio-Frequency Wireless Technology in Medical Devices

#### DRAFT GUIDANCE

This guidance document is being distributed for comment purposes only. Draft released for comment on January 3, 2007

Comments and suggestions regarding this draft document should be submitted within 90 days of publication in the Federal Register of the notice announcing the availability of the draft guidance. Submit written comments to the Division of Dockets Managument (HFA-305), Food and Drug Administration, 5430 Fishers Lane, m. 1061, Rockville, MD 20852. Alternatively, electronic comments may be submitted to

http://www.fila.gov/dockets/ecomments\_AI comments should be identified with the docket number listed in the notice of availability that publishes in the Faderal Register.

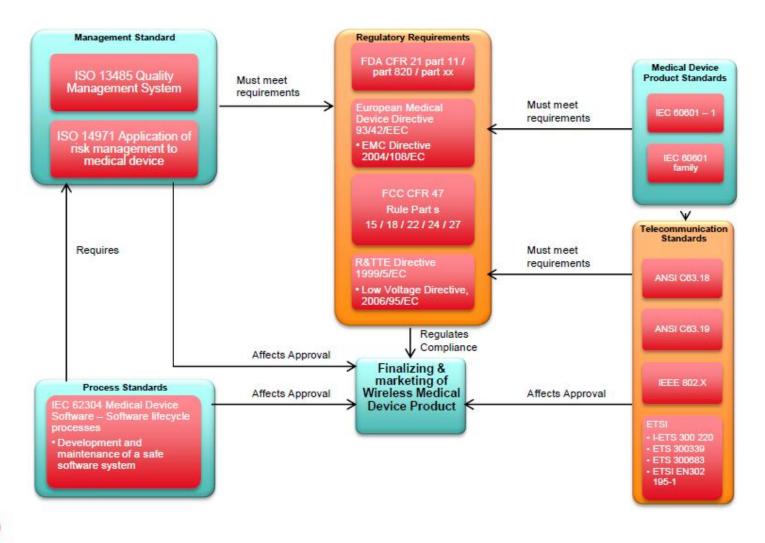
For questions regarding this document, contact Donald M. Witters Jr. at 301-827-4955, or by e-mail at <u>Donald Witters@ida.hks.gov</u>.



U.S. Department of Health and Human Services Food and Drug Administration Center for Devices and Endiological Health

Electrophysics Branch Division of Physical Science Office of Science and Engineering Laboratories

#### Wireless & Medical Devices Regulations



9

# Product Design-Typical Wireless Requirements

R&D's wireless product requirements based upon Marketing.

- Consume no power
- Cost no money
- Lose no data
- Support 'lots' of devices
- One product worldwide... Deliver tomorrow
- R&D starts thinking
  - US only or International?
  - Medical bands or ISM bands?
  - Power budget?
  - Desired range?
  - How many devices co-located?
  - Data rate?
  - Bluetooth, Zigbee, Wi-Fi, 3G/4G, Proprietary, ...?

# **Real-World Design Considerations**

- Frequency Band Selection
- Power Budget, related to:
  - Transmit only vs. Transmit/Receive
  - Transmit power which is related to:
    - Range (data rate also relates to range)
  - Transmit/Receive time which is related to:
    - Data volume and Data rates
  - Chip power consumption which is related to:
    - Complexity of communications algorithms
    - Availability of Power Save Modes
- Communications Range, related to:
  - Antenna Design
    - Antennas can have different gains
    - MIMO approaches can also improve range and throughput at the cost of power and complexity
  - Transmit Power
  - Receiver Sensitivity
  - Data Rate
    - Lower date rates will extend the range

# Real-World Design Considerations Device Coexistence

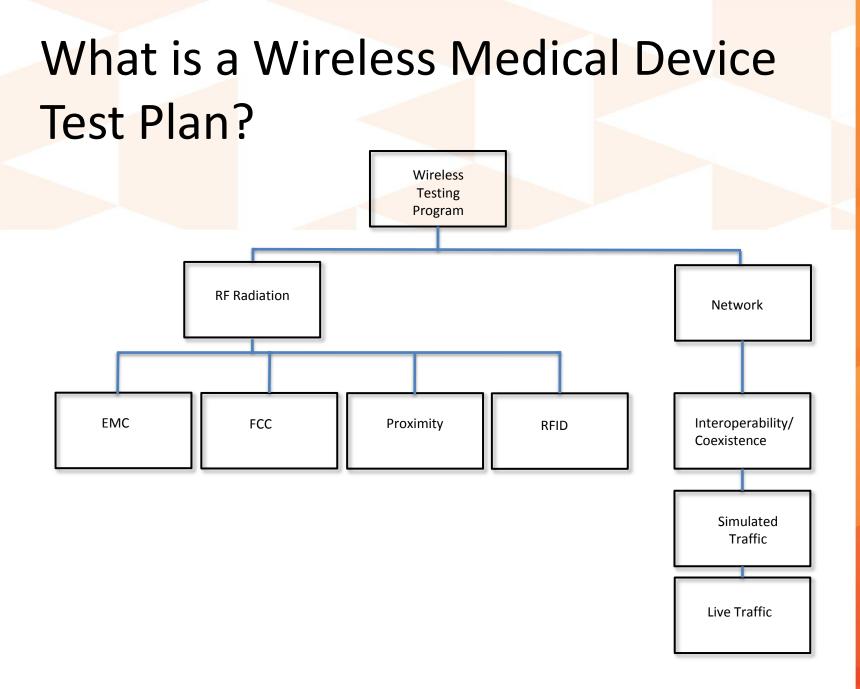
- This is an important issue for product which share the same frequencies.
  - A product using uncoordinated technology in the same band may interfere with each other.
  - If multiple devices using the same technology converge at an access point (or equivalent), there may not be enough bandwidth.
- Most legacy patient telemetry systems use narrow-band dedicated channels.
  - Low data rate, but each device has a dedicated slice.

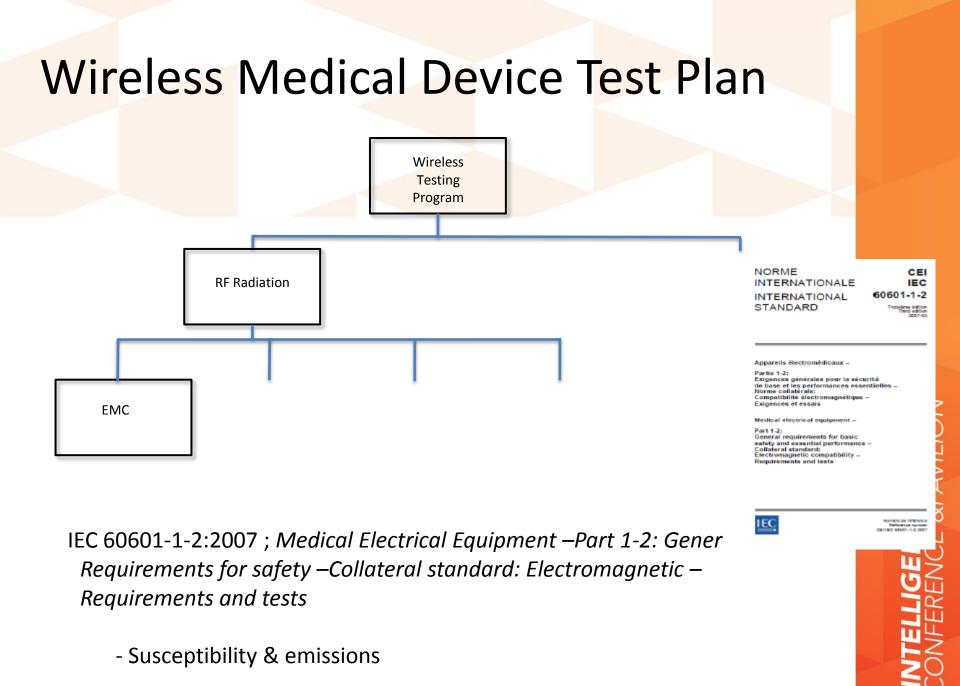
# Real-World Design Considerations Device Coexistence

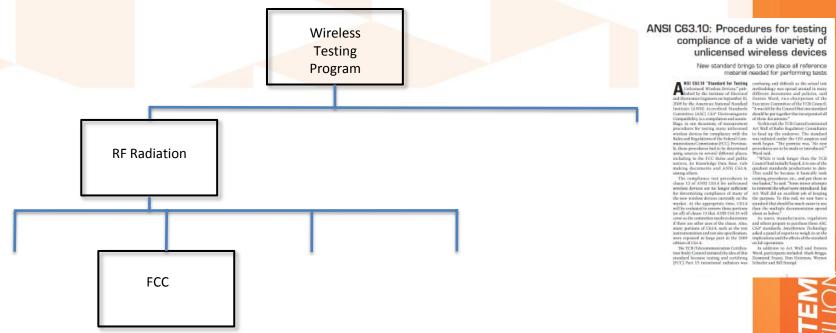
- Some proprietary solutions share the channel among multiple devices.
  - Some risk of overloading, but not likely due to vendor control.
- Most open standards-based solutions share the channel among multiple devices.
  - High risk of overloading especially with popular technologies such as 802.11.
  - Potential issues of application-level interference if SSIDs need to be shared (802.11).
  - If you are "sharing" the medium, you need to be worried not only about your application but everything else.

#### Infusion system demands on wireless

Wireless Function	What's Needed	Comments
Voice over IP (VOIP)	Real-time high quality of service (QoS)	Lots of voice communications = lots of bandwidth
Infusion pump drug library update	Batch data push	Real-time not required. Batch updates can be optimized in software
Infusion pump status (Flowsheet and IV status board viewers)	Semi Real-time	A few minutes between updates acceptable
Infusion pump alarms push	Almost real <b>-t</b> ime mission critical	Less than one minute end-to-end. Validate and display connectivity status
Infusion pump auto programming	Near Real-time mission critical	Within seconds end-to- end. Validate and display connectivity status





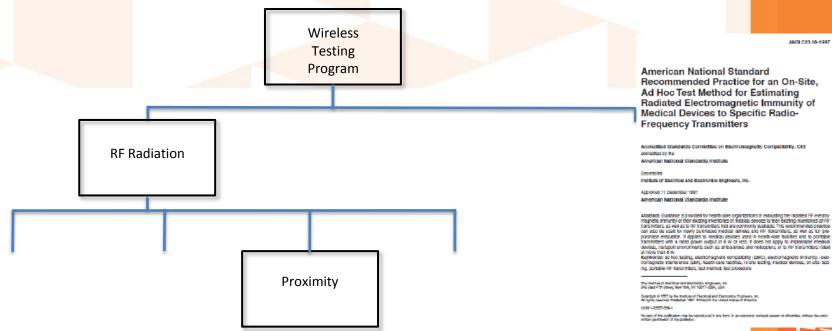


47 CFR 15.247 -Operation within the bands 902-928 MHz, 2400-2483.5 MHz, and 5725-5850 MHz

Test Method: ANSI C63.10, American National Standard for Testing Unlicensed Wireless Devices

- Coexistence with other electromagnetic spectrum users: FCC Part 15 Rules

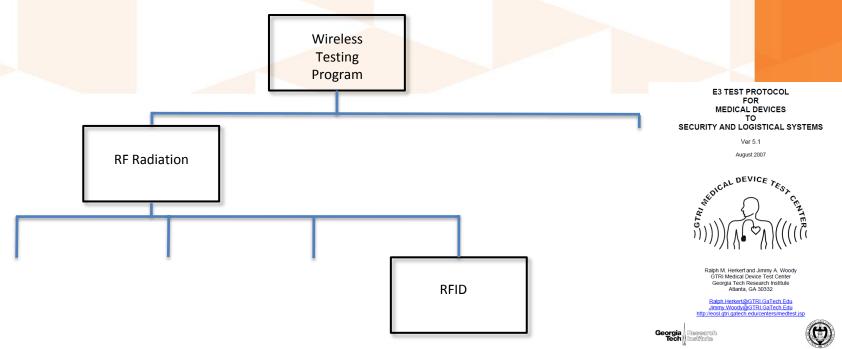
NTTELLIGENT SYSTEM



ANSI C63.18, American National Standard Recommended Practice for an On-Site, AD HOC Test Method for Estimating Radiated Electromagnetic Immunity of Medical Devices to Specific Radio-Frequency Transmitters

- Device functions as intended in the presence of other RF emitters commonly found in a healthcare facility, including other devices

INTELLIGENT SYSTEM

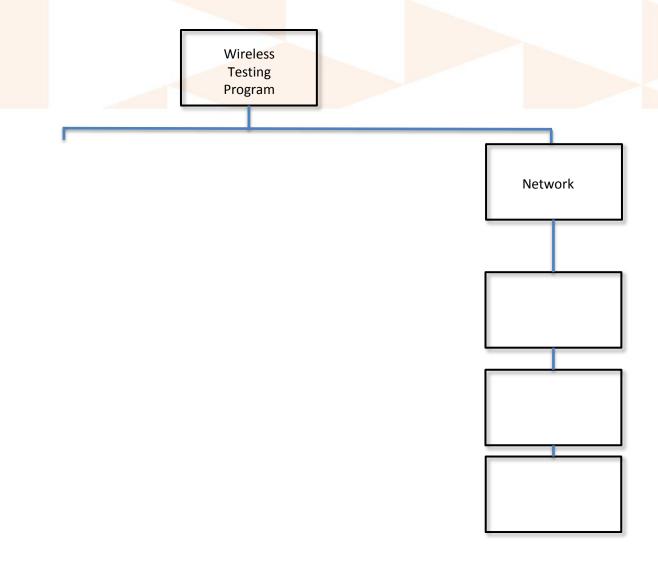


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#### 1) Susceptibility of device to adverse effects of RFID emissions

http://eosl.gtri.gatech.edu/Capabilities/CentersofExcellence/MedicalDeviceTesting/tabid/141/Default.aspx

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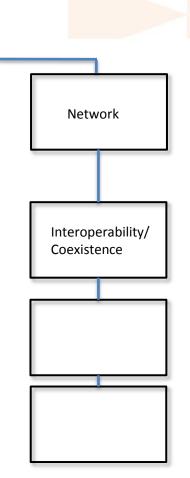


# Challenges and Test Methods in Interoperability/Coexistence Testing

- Definition:
  - Wireless coexistence is the ability of one wireless system to perform a task in a given shared environment where other systems (in that environment) have an ability to perform their tasks and may or may not be using the same set of rules (IEEE 802.15.2:2003).
- FDA:
  - Coexistence testing should demonstrate that the surrounding RF wireless devices and networks should not be dramatically affected by the wireless medical device, and the wireless medical device's functions should not pose an unacceptable risk to the user when the device functioning in adverse RF environment results in an interaction.

Interoperability to defined standards:

- IEEE 802.19 <u>analytically</u> reviews each 802 standard against each other to determine the scenarios where interference may occur.
- Wi-Fi Alliance outlines performance tests to verify device meets minimum requirements for a user experience.

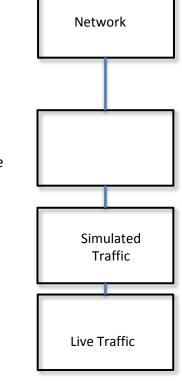


Wireless Testing Program

Isolated lab environment where multiple devices can be added to the network to see how they operate to various load and simulated traffic.

- Performance Benchmarking, Bandwidth Utilization, Packet Latency, Maximum Data Rate
- Coexistence with other wireless medical/nonmedical devices on the same shared network in a real-world environment.
  - Line-of-Site (LOS), and Non-Line-of-Site (NLOS)

The University of Oklahoma Wireless Electromagnetic Compatibility and Design Center Hazem Refai, Director of WECAD



### **Coexistence Factors**

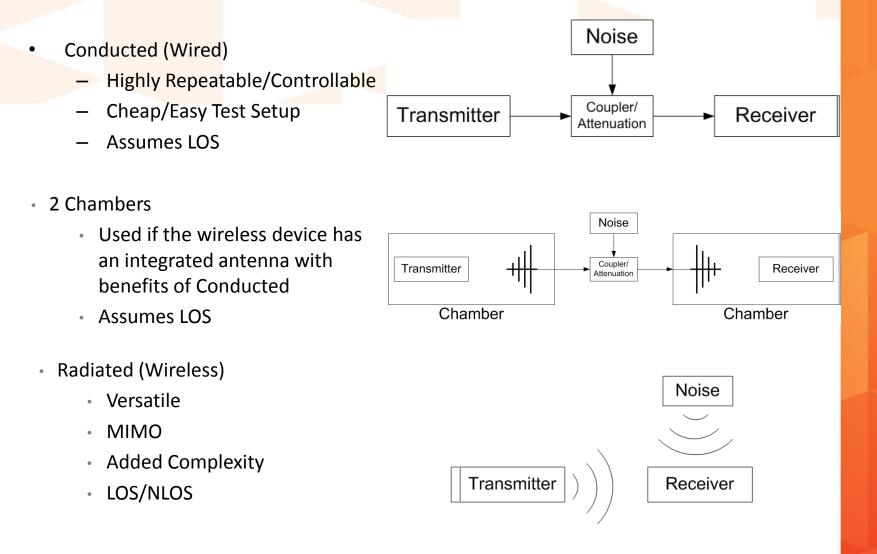
- Logical Layer
  - The logical domain covers all the behaviors of the higher Open Systems Interconnection (OSI) layers, including Medium Access Control (MAC), routing, etc
- Physical Layer
  - Space (power)
    - The probability of coexistence increases as the signal-to-interference-ratio of the intended received signal decreases.
  - Frequency
    - The probability of coexistence increases as the frequency separation of channels increases between wireless networks.
  - Time:
    - The probability of coexistence increases as the channel occupancy of the wireless channel decreases.

## IEEE 1900.2

Recommended Practice for the Analysis of In-Band and Adjacent Band Interference and Coexistence between Radio Systems

- <u>Scope:</u> This standard provides technical guidelines for analyzing the potential for coexistence or in contrast interference between radio systems operating in the same frequency band or between different frequency bands.
- <u>Benefit:</u> Potential template for the coexistence portion of the wireless testing strategy.

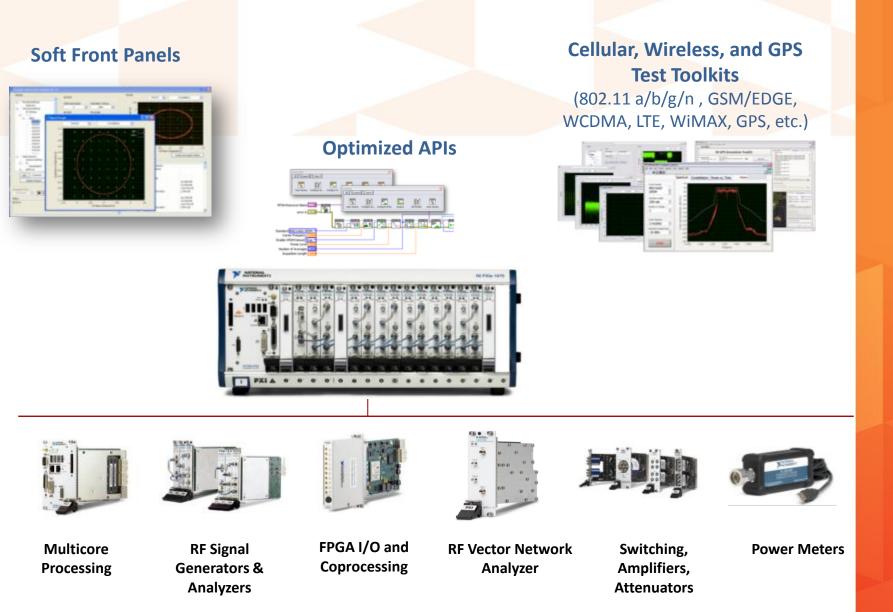
## **General Coexistence Test Methods**



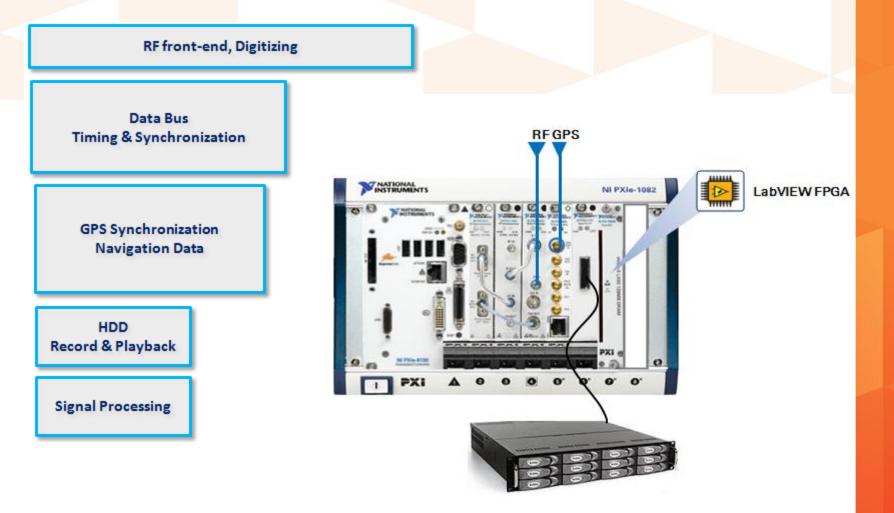
## **Example Test Setup for NLOS Testing**

- Space (Power)
  - Minimum received signal strength at the receiver to ensure 0% BER.
    - Based on Standards, Receiver Sensitivity, Coding Gains, etc.
  - Separation distance between node under test and interfering network based on ANSI C63.18.
    - Based on interfering network transmit power.
      - Maximum Transmit Power for device.
      - Auto-power-leveling disabled.
- Frequency
  - Co-Channel Interfering Network
  - Adjacent Channel Interfering Network
- Time
  - − Variable Duty Cycle: Max  $\rightarrow$  Min

#### **Software Define Radio and Communication**

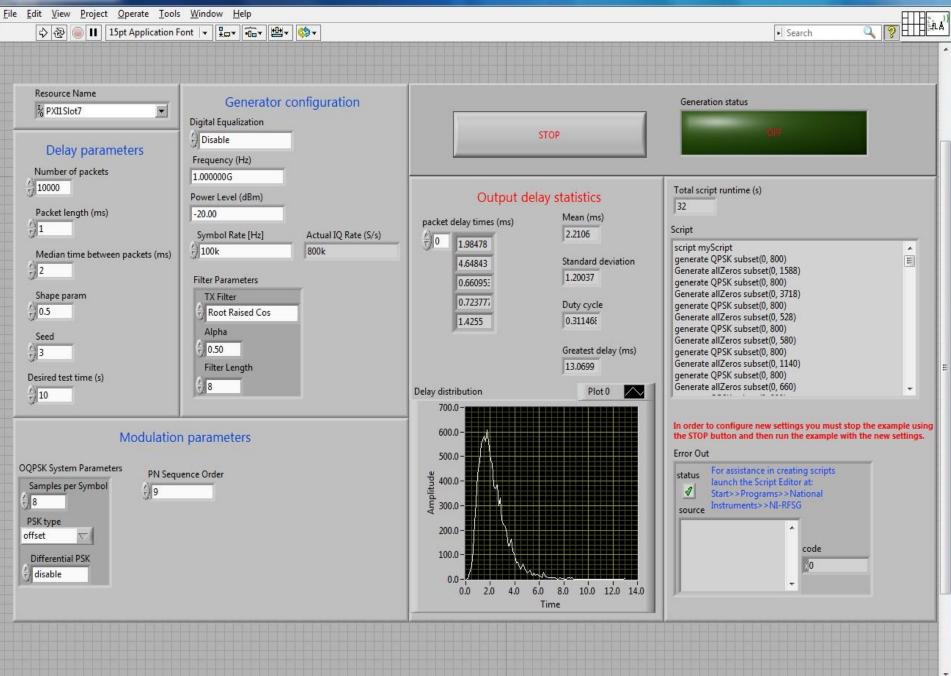






# 802.11g Emulation

- NI 5673E Vector Signal Generator
- Provides full control over generation parameters (frequency, power, modulation, etc).
- Script Mode
  - Allows for generation of modulated waveform for precise time duration.
  - Allows for any desired inter-packet delay time.
  - Can be hundreds of thousands of lines long which allows for generating hundreds of thousands of packets.
  - Waveform generation can be controlled with hardware or software triggers



#### **Bluetooth Emulation**

- Standard defined in 802.15.1
- Bluetooth defines 79 channels
  - 1 MHz wide
  - 1 MHz separation
  - 2.402 2.480 GHz
  - Employs pseudo-random frequency hopping at 1600 hops/second
    - The order of the hopping sequence depends on the master address and clock
  - Maximum data transfer rate is 1 Mb/s
  - Modulation: Gaussian Frequency Shift Keying (GFSK)

#### **Bluetooth Emulation Software**

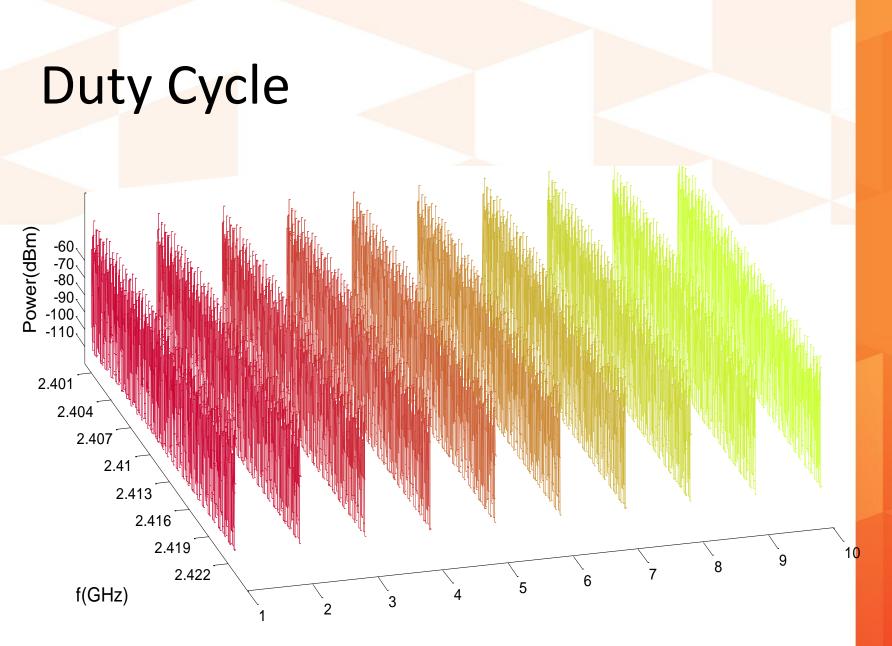
List Mode

- List mode is used to change the RF configuration without user intervention
- A list of frequencies is loaded into the hardware memory
  - populate the list according to the Bluetooth hopping sequence
- The frequency hops to the next frequency in the list after each transmission
  - NI RF supports up to 200,000 frequencies in a list

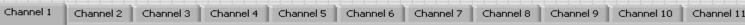
BT Emulation7-9-12.vi Front Panel *				
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Power Level (dBm)	Test time (s)		MultiHop Frequency List	
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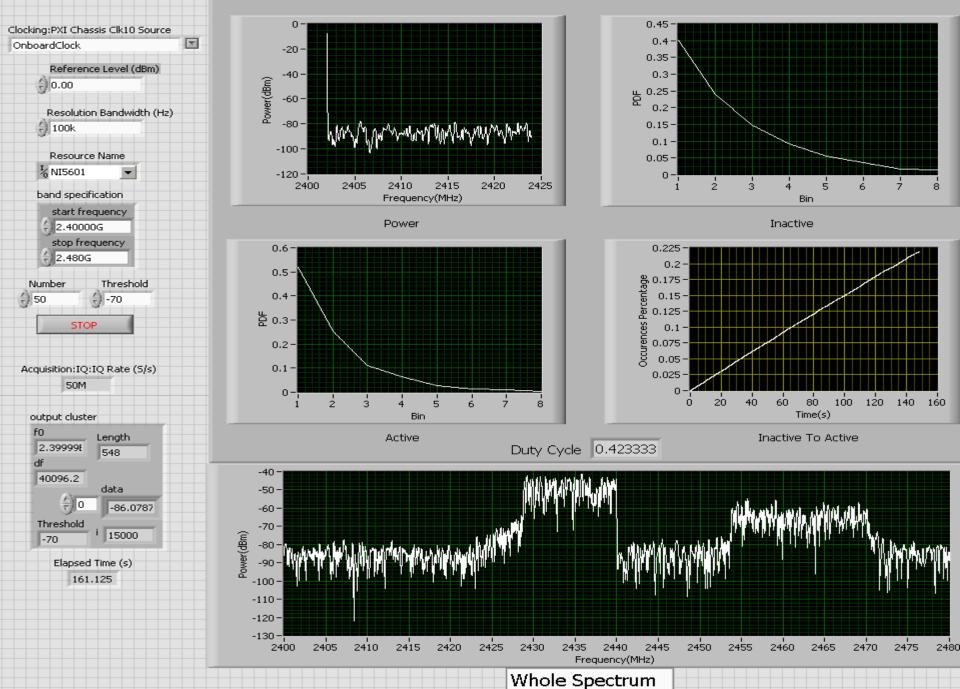
#### Duty Cycle Measurement

- Sweep the ISM band from 2.4 2.48 GHz.
- Find the number of times the measured power exceeds the noise floor for each Wifi channel.
- If the noise floor is exceeded more than a critical number of times assume that a transmission has been captured.
  - The result is an array of 1s and 0s for each channel in which 1s indicate a busy channel and 0s indicate an idle channel.
- From runs of 1s and 0s you can determine the channel duty cycle and the inter-packet delay time statistics.
  - Find the probability density function for the inter-packet delay times.



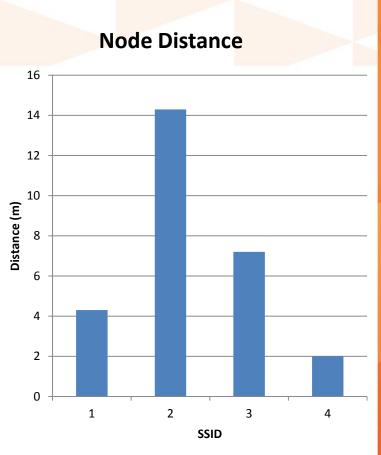
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## Network/Node Density and Distribution

- Network Detection
  - The 802.11b preamble is a fixed sequence of either 72 or 144 bits
  - The 802.11g preamble begins with 10 short symbols of duration 0.8 us.
  - ZigBee, Bluetooth
- Node Distribution
  - By demodulating packets the number of nodes within earshot can be determined.
  - The distance to each node can be estimated from the received power using a propagation model.



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#### Summary: What should be tested?

- At the hardware level
  - Radio Performance
  - Range
  - Roaming
  - Interoperability
  - Buffer capacity
  - Battery life (load and no load)
  - Coexistence
- At the software level
  - Stack management
  - 802.11 behavior and robustness
  - Security support
  - QoS
- At the application level
  - Performance under load
  - Sustain operation under loss conditions
  - Performance in a congested environment
  - Over all robustness

#### **Selecting a Wireless Solution**

- For short-range (PAN, BAN) communications the typical solution will probably be based on: Zigbee or Bluetooth technology.
- For longer range applications more options are available...Zigbee, BT, WiFi, 3G, 4G, etc.

#### Pros and Cons of Custom vs Industry Standard

- Custom embedded wireless radios, protocols, and software
  - Did have value several years ago and some medical device manufactures still go down this route. How do you measure the value?
- Developmental costs are much lower and time to market is quicker using OEM embedded modules.
  - Pre-certifications and correct antenna development are very important.
- The trend is to outsource development (software), use commercially available hardware.
  - Example cost: 75K and 3 months for working prototype, versus
     2.5M and 1 year.

#### **Selecting** Medical Bands

#### Advantages:

- Comparatively few interference sources
- Licensed 'protected' bandwidth
- Easier to manage (vendor responsible)
- Proprietary technology reduces possibility of privacy and security breaches

Issues to Consider:

- For the typical narrow-band antenna based approach:
- Need to install proprietary antenna systems
- Coverage areas tend to be limited due to amplifier noise
- Number of devices can be somewhat limited
- WMTS products from different vendors may interfere
- Data rate per device is only ~10/20 kbits/sec
- Small installations are expensive

For a cellular approach:

Development cost can be very substantial

#### Selecting 802.11

- Advantages:
  - Coverage area and device count is 'unlimited'
  - 802.11 products from different vendors work together
  - Applicable worldwide (with some local limitations)
    - Off-the-shelf radio solutions:
    - Lower R&D cost; Lower equipment cost
  - Small installations can be very cost effective
  - Available data rate per device in the Mbps range
  - Shared Infrastructure -infrastructure is 'free'
- Issues to Consider:
  - Possible interference sources
    - Rogue Access Points
    - Careless neighbors
    - Shared Infrastructure
  - Risk Management issues
    - Coordination of infrastructure firmware releases
    - Should consider application of 80001 Standard

### <mark>Summar</mark>y

- It is very important to identify your wireless application's Requirements early.
- Many choices of technology, frequencies, protocols, etc.
- The Requirements should lead you to a solution.
- Off-the-Shelf approach
  - Straying from typical commercial applications of a technology may lead to challenges. Test those deviations as well as possible
- You can not trust all infrastructure to work the same way
- If you decide to roll-your-own" your destiny may be good or very ugly.